







# Going Home after a Lung Biopsy

UHN

## Instructions for patients

During your lung biopsy, we had to puncture your lung.

Here are some precautions you need to take when you go home.

	Take the bandage off your wound the morning after your procedure.
	You can have a shower the morning after your procedure.
	<b>For the next few days:</b>
	<ul style="list-style-type: none"><li>• Try not to cough</li><li>• Do not strain or lift anything that weighs more than 10 pounds (about 5 kilograms)</li><li>• Do not exercise</li><li>• Do not smoke for at least 24 hours</li><li>• Do not travel by airplane within 7 days of your lung biopsy</li></ul>
	<b>Go to your nearest hospital Emergency room if you:</b>
	<ul style="list-style-type: none"><li>• Find it hard to breathe</li><li>• Feel pain in your chest</li><li>• Cough up something bloody for more than 3 days after you go home</li><li>• Make sure a responsible adult goes with you</li></ul>

## When is my follow up visit?

It can take up to 1 week for the biopsy results to come back.

After 1 week, call your doctor if you do not have this follow up appointment arranged.

Please visit the UHN Patient Education website for more health information: [www.uhnpatienteducation.ca](http://www.uhnpatienteducation.ca)  
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